

**INTRODUCTION & CONCEPTS TO COMMUNITY,  
COMMUNITY HEALTH & COMMUNITY HEALTH  
NURSING**

The logo of Galgotias University is a stylized, circular emblem. It features a central blue and yellow swirl that resembles a flame or a flower, set against a larger, light-colored circular background with a subtle gradient.

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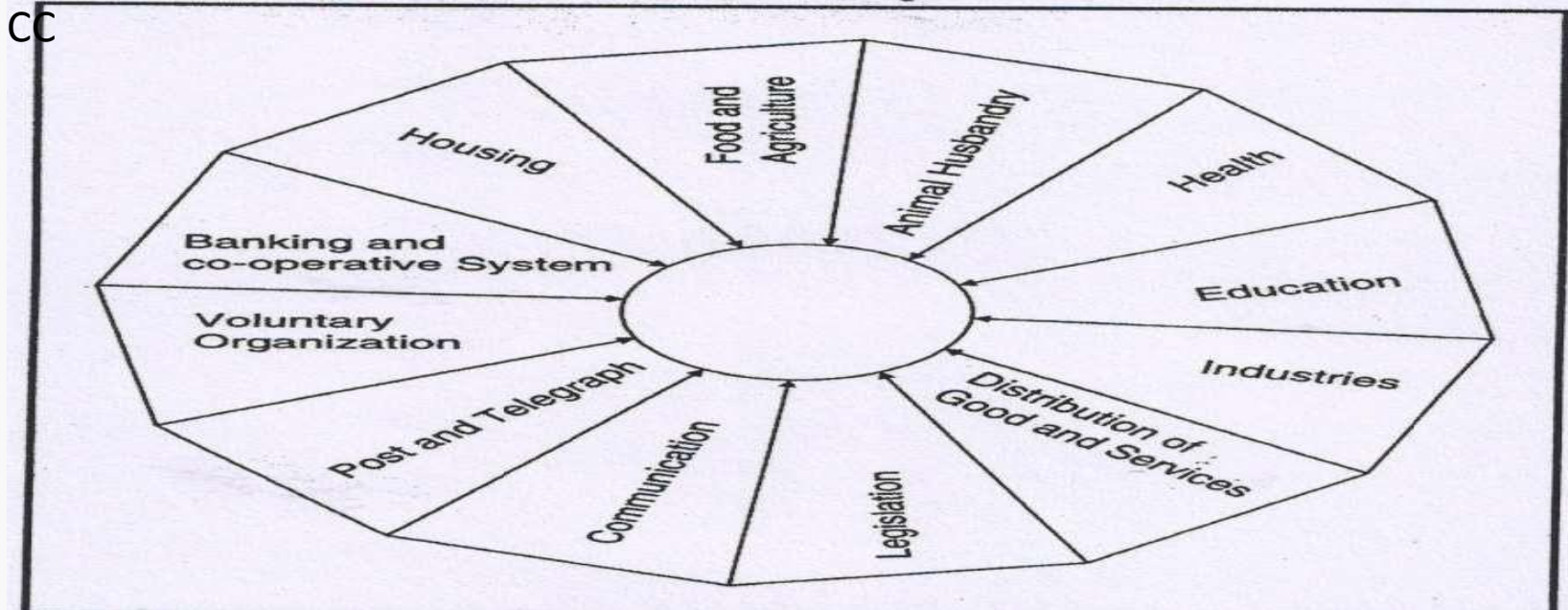
## DEFINITION

- **“** A community is a social group determined by geographical boundaries and/ or common values and interest. **Its members know and interact with each other. It functions within a particular structure and exhibits and creates certain norms, values and social institutions”.. WHO expert Committee (1974)**
- **CHARACTERISTICS**
- **1.The community has a defined geographical boundaries which has the beginning and the end. The boundaries of a small community such as hamlet, village etc are distinct whereas that of a large community such as town, city etc are indistinct.**
- **2. The community is composed of people who live together in the defined boundaries of the community.**

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- **3. The community people have common psychological characteristics i.e., there is similarity in language, life style, customs and traditions etc.**
- **4.They share common interests, values, moral norms and Codes.**
- **The people in the community interact with each other and have free communication**
- **5.The community has organized social structure and system and common organization which carry various functions such as housing, food, agriculture, animal husbandry, health, education, marketing, banking etc.**

## COMMUNITY A SOCIAL UNIT



## FUNCTIONS

1. **It provides space for housing, shelter, socialization and recreation.**
2. **It provides means and facilities for livelihood. .**
3. **Community provides opportunity for employment.**
4. **It takes care off socialization and education of its members. It provides safety and security for its members by enforcement of norms and legislation formulated by the society.**
5. **It provides opportunities for people participation and communication.**

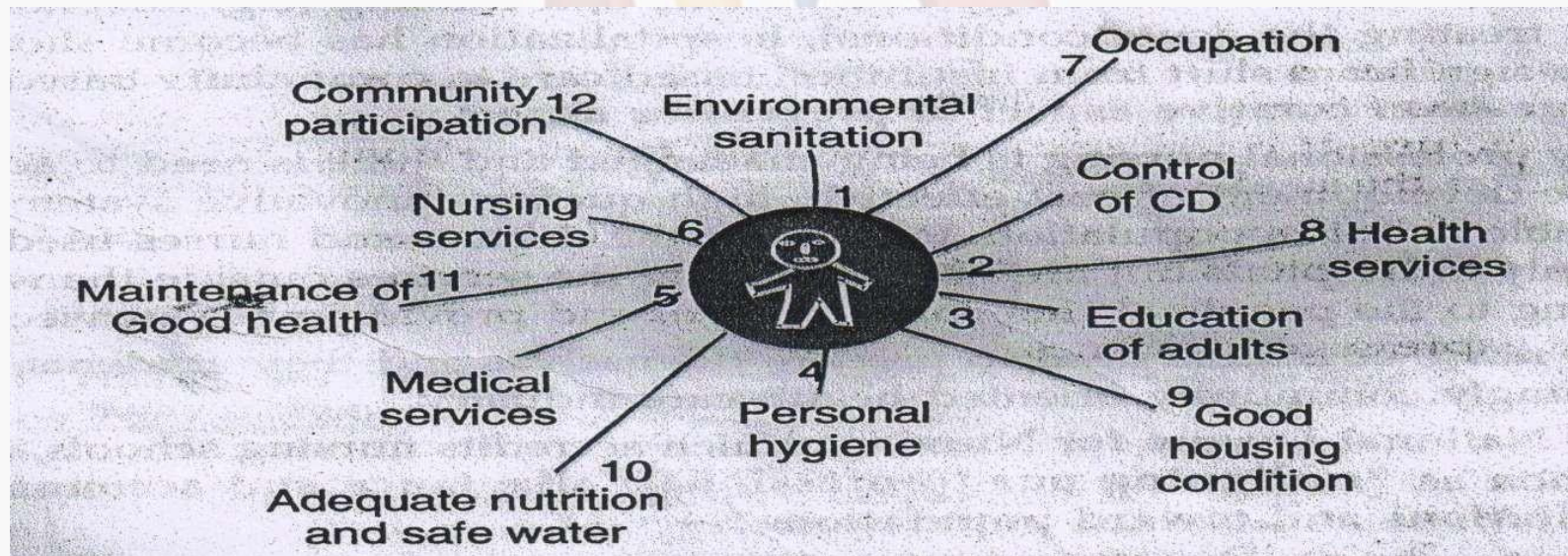
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## COMMUNITY HEALTH- DEFINITION

- “ **Community HEALTH** REFERS TO THE HEALTH Status of the members of the community, to the problems affecting their health and to the totality of health care provided to the community”.. WHO (1971)  
**Public health** is the science and art of preventing diseases, prolonging life and promoting health and efficiency through organized community efforts for the sanitation of environment  
the control of diseases, the education of individuals in personal hygiene, the organization of medical and nursing services for early diagnosis and preventive treatment of diseases and..  
the development of social machinery to ensure for every individual a standard of living adequate for maintenance of health, so organizing these benefits as to enable every citizen to realize the birth right of health and longevity”

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## C.E.A WINSLOW CONCEPT OF COMMUNITY HEALTH



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## COMMUNITY HEATH NURSING

- **“Community health Nursing is a unique blend/(mix) of nursing and community health, woven into a service which when properly developed and implemented can have a tremendous impact on human health”**

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## OBJECTIVE OF COMMUNITY HEALTH

### 1. Promotion and protection of health

i.e. PRIMARY LEVEL PREVENTION.

### 2. Early diagnosis and treatment and control of further spread of disease i.e. SECONDARY LEVEL PREVENTION.

### 3. Control of disability and rehabilitation ie. TERTIARY LEVEL OF PREVENTION.

The major emphasis is on primary level prevention with the active involvement of people (as majority of the health problems are preventable by simple measures). Safe drinking water.

Safe disposal of waste material. Maintaining general Cleanliness.

Immunization of children. Traffic control. Good nutrition. health checkup and mass screening. Early diagnosis treatment.

Health Education.

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## COMMUNITY AS A CLIENT

- In community health the whole community is a client and the services are focused and hence it is important to :
- 1. Know the community (COMMUNITY IDENTIFICATION). .
- 2. Identify the health needs of the community (COMMUNITY DIAGNOSIS).
- 3. Understand underlying factors affecting health problems
- 4. Plan and implement comprehensive services
- Family type, family size, & caste group.
- Beliefs, attitude, values and customs etc.
- Community environment.
- Institutional facilities.

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## COMMUNITY IDENTIFICATION

- “ Is a process of exploring and knowing a defined community for assessing its health status and determining the possible factors affecting the health of people in the community”
- THIS IMPLIES TO EXPLORE & KNOW
- Geographical area, housing pattern and climate.
- Population characteristics.
- Life style of people.
- Leadership patter Family type, family size, & caste group.
- Beliefs, attitude, values and customs etc.
- Community environment.
- Institutional facilities. Voluntary organizations.
- Channels of communication, telecommunication networks, travel modes.

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## THESE INFORMATIONS ARE OBTAINED BY:

- Making observation visits of the community.
- Formal and informal meetings and conversation with community people, leaders, organized groups etc. Discussion with health personnel and other workers in the community.
- Review of records.
- Formal sample survey of the community.
- COMMUNITY IDENTIFICATION HELPS TO
- Prepare community map showing geographical boundaries, housing patterns, streets, roads, important landmark : Health centre, school, post office etc.
- Know and describe community profile as per various categories of information collected.
- Identify health needs and health problems of the community.

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## COMMUNITY DIAGNOSIS

- Is a written statement of health needs and health problems which are determined by analysis of data collected for community identification.
- Following community identification, health needs and problems are prioritized for planning and implementing community health actions/community health treatment.

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## COMMUNITY TREATMENT/ COMMUNITY HEALTH ACTIONS

- Refers to “various health and health related activities which are **planned and implemented to deal with identified health problems and health needs**”  
**COMMUNITY HEALTH ACTIONS ARE PLANNED CONSIDERING:**  
Nature of problems.  
Effects of problems on health of people at large.  
Felt needs & problems of the community.  
Community resources and capabilities.  
Health agency’s objectives and policies.

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## GOALS& OBJECIVES OF COMMUNITY HEALTH NURSING

1. To promote and preserve health.
2. To restore health when it is impaired.
3. To minimize suffering and distress.
4. To promote quality of living.
5. To develop self care abilities
6. To increase the competency of individuals, families, groups and community
7. to deal with their own health and nursing needs. To strengthen community resources.
8. To control environment and develop resistance to environmental conditions
9. To prevent and control communicable and non communicable diseases.
10. To provide specific services to mothers, children, workers, elderly, eligible couples and handicaps etc.

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## PRINCIPLES OF COMMUNITY HEALTH NURSING

1. services provided as per need of community
2. Community nurses should function in collaboration and coordination with other personnel to achieve optimum community health. . 2. Community health services should be provided to all individuals irrespective to age, gender, caste, creed or color
4. Community health nurse should involve the individual, family and community in plans for achieving their health.
5. Community health nursing personnel should be qualified either a diploma or graduate or post graduate in nursing
6. Community health nurse should create an awareness among community through education to promote the health of the community
7. Appraisal and evaluation of community health services by community health nurse helps in taking the remedial steps to overcome the problem of the community.

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**8. Community health nurse should follow up to find out the unmet needs of the COM**

**9. Community health nurse should be given opportunity for future education and continuing education programme.**

**10. Leaders or influential people of the community need to be involved in carrying out health related activities**

**11. Community health services should be provided directly or indirectly to individuals, family or community.**

**Family is the basic unit and the health of one member affects the health of the others in the family.**

**12. Community health services should be provided on a continuous basis so as to improve the health status of the community.**

**14. Community health nurse assists the family or community in making decisions related to health matters**

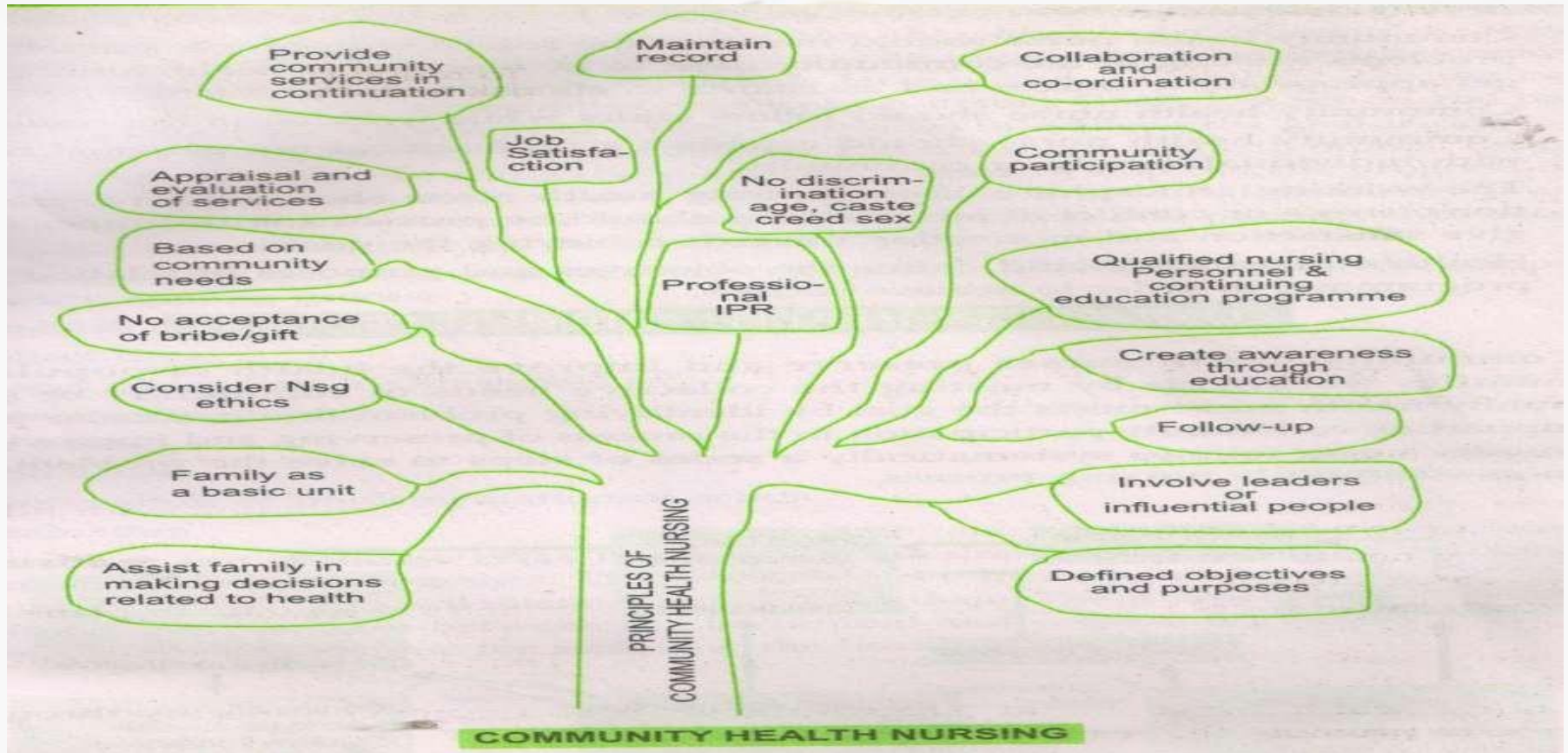
**15. There should not be any interference by community health nurse in an individual's political or religious matters.**

**16. Community health nurse should not yield any bad reputation to the profession by accepting bribe or gift.**

# School of NURSING

Course Code : BSCN2004

Course Name: COMMUNITY HEALTH NURSING-I



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## REFERENCES

- Park - A Textbook of Social and Preventive Medicine, 2015, Banarsidas Bhanot
- Basvanthappa B T- Essentials of Community Health Nursing, 2011, Jaypee
- Gulani - Community Health Nursing (principles and practice), 2012, Kumar

A large, faint watermark logo of Galgotias University is centered in the background. It features a stylized 'G' composed of three overlapping curved bands in shades of yellow, blue, and red.

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THANK YOU

