

## ROLE OF NURSE FOR CARE OF ELDERLY

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## CAREGIVERS OF ELDERLY

- Caregiver is an individual who provides ongoing care and assistance in need of support due to physical, cognitive or mental health condition.
- Caregivers are hidden patients in need of protection from physical and emotional harm.
- Prolonged period of caregiving contributes to stress and burnout.

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## ROLE OF NURSE FOR CAREGIVERS OF ELDERLY

- Caregiver assessment
- Providing information
- Linking caregivers to resources
- Intervention to reduce burden and distress
- Interventions to improve competence and confidence
- Potential for harm

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## CAREGIVER ASSESSMENT

- Identify key caregiver
- Assess caregivers roles and relationship to patient
- Identify need of caregivers
- Include caregiver in planning discharge and providing care to person at home

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## PROVIDING INFORMATION

- Teach the caregiver along with the patient.
- Explain and provide information in a clear and understandable way
- Caregivers may need assistance to learn physical and technical requirements of care.
- Communicate effectively to develop cost effective plans of care and achieve positive client outcomes.

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## LINKING CAREGIVERS TO RESOURCES

- Supportive resources in their natural network as well as formal services
- Support groups help by sharing experiences and information offering understanding and acceptance and suggesting solutions to common problems and concerns.
- Formal social support system providing housing health coverages, finances and respite care.
- Respite care include adult day care, in-home care, assisted living services.

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## INTERVENTIONS TO REDUCE BURDEN AND DISTRESS

- Multicomponent interventions like support groups, education
- Comprehensive counseling session
- Home visit and enhance social supports

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## INTERVENTIONS TO IMPROVE COMPETENCE AND CONFIDENCE

- Teaches caregiver how to design and carryout plans that focus on medical and psychosocial problems
- Teaching how to manage specific patient problem

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## POTENTIAL FOR HARM

- Risk of elder abuse– counseling and support
- Problem solving skill and coping skill
- Medication error
- Educate about drugs possible side effects

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## CARE GIVERS

- Formal caregivers
- Informal caregivers

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## FORMAL CAREGIVERS

- Formal givers are paid care givers providing care to the person
- It refers to a range of home care and community support services provided to older persons by a mix of providers including nurses, personal support workers, occupational therapists, dietician or community support services.
- Formal caregivers are located in the home of the patient if it make senses to give home care.

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## INFORMAL CAREGIVERS

- Informal care givers are care providers without receiving money that include family, friends.
- It refers to a range of emotional and instrumental support provided by social network, neighbors, friends and family members.
- Informal caregivers needs training in doing certain functions such as administering medications, injections, lifting, turning etc.

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## ROLE OF CAREGIVER

- Advisor/ Consultant
- Teacher
- Sponsor
- Organizer/ Co-ordinator

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## RESPONSIBILITIES OF CAREGIVER

- Maintain a safe, clean and healthful environment for the patient
- Care of the patient welfare socially, intellectually, spiritually, physically and emotionally.
- Guide and assist the patient in their personal hygiene.
- Prepare meals as directed
- Medicine preparation and administration
- Inform when rehabilitation is needed
- Caregivers must be good listener

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## ASSIGNMENT

- PSYCHOLOGICAL CONCERNS OF CAREGIVERS.

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# School of NURSING

Course Code : BSCN3001

Course Name: MEDICAL & SURGICAL NURSING

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**Thank You**

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