

## HOME VISIT

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## Introduction

- **Back bone** of community health nursing.
- Home visiting is very essential and important aspect to the community health services, because majority of the patients are found in the home.
- The home is utilised for many reasons in relation to the health of the family. The home is also utilised frequently to provide nursing services.
- The services in the home requires technical skills, knowledge of preventive and therapeutic measures, teaching ability, judgement and a full understanding of human relations.

## Definition

1. Home visiting is defined as the delivery of specialized nursing care services in the home health care setting.
2. Home Visit Is A Process Of Providing Nursing Care To Patient Or Family At Their Doorstep.

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## Purposes

- Protection against diseases.
- Providing essential treatment.
- Providing comfort and relief from pain to the patient.
- Giving a support and empathy to the patient and his family.
- Using domestic equipment for the nursing.
- Providing health education.
- Giving as much respect as possible to the faiths and beliefs of the family during the procedure

## Principles of Home visit

1. Home visits should be **planned with purpose.**
2. The purpose of home visits should be **clear** and must **meet the needs** of the patients.
3. Home visits should be **regular and flexible**
4. Home visit should be **educative**
5. Home visits should give excellent opportunities for nurses **to demonstrate hygienic principles.**
6. Home visit should be **convenient, acceptable** and educative to the patients

- The nurse should make an attempt to **include each family member** while using nursing process.
- The nurse and the family must develop **positive interpersonal relationship** in their work to achieve the goal.
- The nurse must **respect** the patient's rights.
- Home visits should be **recorded** in the diary and family folder

## Components of Home Visit

- **Initiation Phase**
- **Pre-visit Activities**
- **Activities during Home Visit**
- **Termination Phase**
- **Post-visit Activities**

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## Problems encountered during Home Visit

- **Consumes lot of time and energy**
- **Unforeseen events**
- **Non-Acceptance**
- **Problem of local language**
- **Role Confusion**

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## Advantages of the Home Visit

- Home visit provides an excellent opportunity to implement the nursing process
- Home visits provide an opportunity to study the home and family situation.
- Home visits provide an opportunity to render service to the family members at their own surroundings.
- Prompt and proper home visits create a good understanding between nurse and family and builds good image of nurses.
- Home visits clarify the doubts raised by the family members.

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- Home visits help to observe family practices and progress of care given by nurses and others.
- Home visits help to prevent and handling the problems.
- Home visits help the nurses and family members to modify the ways of their care.
- Home visits are convenient for the patients.
- Home visits facilitate patient control of the setting.
- Home visits are the best option for patients unwilling or unable to travel
- Home visits provide natural, environment for the discussion of concerns and needs.

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## **Role of community health nurse in home nursing:**

- Recording the history of family to ascertain the cause and duration of illness.
- Providing treatment and related care.
- Demonstrating the nursing procedure to educate the family members.
- Giving medicines as per the standing orders and providing essential nursing care in the grave situations.

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- Supervising the nursing procedures provided by family members.
- Including the patient himself in taking care of chronic illness (heart, arthritis, cancer, diabetic patients, etc) and giving them mental support.

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