

ALTERNATIVE SYSTEM OF MEDICINES



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INTRODUCTION

- Siddha System of Medicine in an ancient Science ,which belongs to Dravidian culture. It is very useful in maintenance and restoration of good health. Siddha system accounted for total 4448 disease symptoms and its cure. Thousand of herbs and mineral were Included in Siddha system providing good and easy management of chronic to degenerative, viral to cardiac disease.
- **The Origin:-**Its origin is also traced to mythological sources belonging to the Shiva tradition. According to the tradition ,lord Shiva conveyed the knowledge of medicine to his wife Parvati. The knowledge were passed from her to Nandi and finally it was given to Siddhas. Siddha is largely practiced in Tamil nadu.

PRINCIPLES OF SIDDDHA

- The basic principle of Siddha is that there is an intimate link between man and environment.
- The equilibrium of humor is considered health and its disbalance is disease.
- Based on principle of Triguna-
 - Vatta
 - Pitta
 - Kapha

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ELEMENTS

- Body are composed of these elements:-
 - Earth
 - Water
 - Fire
 - Space
 - Air
 - Ether.

- Food is the basic building material of the body which gets processed into 3 doshas, 7 dhatus, 3 malas. The equilibrium of humor is considered health and its misbalanced is disease .

DIAGNOSIS

- The diagnosis of disease involve identifying its cause. Causative factors are identified by examination of Pulse ,eyes , color of body , tongue, status of digestive system ,urine and study of voice.

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TREATMENT

- Treatment based on all the diagnostic character of patient. Treatment takes into account about environment age ,sex ,race , habit , diet ,appetite ,physical and physiological condition. Vaidya has the knowledge of herbs and its effectiveness. Siddha system extensively use drug of vegetable source as well as mineral origin. Use of metal like gold ,silver, sulphur, zinc ,mica etc are only seen in Siddha system of medicine.

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INTRODUCTION

- Homeopathy is a system of medicine created in 1796.
- **The Origin:-** Homeopathy has been in practice for 170 years by thousand of practitioners and there are over 100 .It is created in 1796 by Samuel .

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DEFINITION

- Homeopathy is highly scientific ,logical ,safe ,quick ,and extremely effective method of healing. It offers long lasting to permanent cure ,treating the disease from its roots .

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PRINCIPLES OF HOMEOPATHY

- Homeopathy is the system of treatment based on some laws and principles ,which are-
- a) The law of Direction of cure-The direction of cure states that during curative process the symptoms disappears in the reverse order of its appearance from above to downward from more important organs to less important organs.
- b) The Law of Single Remedy- This law directs to choose and administer such a single remedy ,which is most similar to the symptoms complex of sick person at a time.

- c) The law of Minimum dose-The similar remedy selected for a sick should be prescribed in Minimum dose, so that when administered there is no toxic effects on the body. It just and strengthen the existing defense mechanism of the body. It does not need to be repeated frequently.
- d) The Law of Chronic Disease-The theory of chronic disease states that most of the disease are due to three chronic latent affinities known as Psora, Syphillis, Sycosis in the human being which normally remain dormant but express their presence when conducive environment for disease such as irregular living ,constant exposure to unhealthy situations ,emotional stress atmospheric influences etc. overpower the immune system .

DIAGNOSIS

- Homeopathic diagnosis lies in holistic approach. The diagnosis of disease involve identifying its cause. Causative factors are identified by examination of Pulse, eyes, color of body, tongue, status of digestive system, urine. The practitioner consider all Mental, Physical, and Emotional aspects.

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TREATMENT

- Homeopathy has effective treatment for individuals with chronic disease such as diabetes , arthritis, bronchial asthma ,skin ,allergic ,and immune system disorder, mental disorder and other several disorder. The remedies are prepared from plants ,animals , metal and mineral substance .

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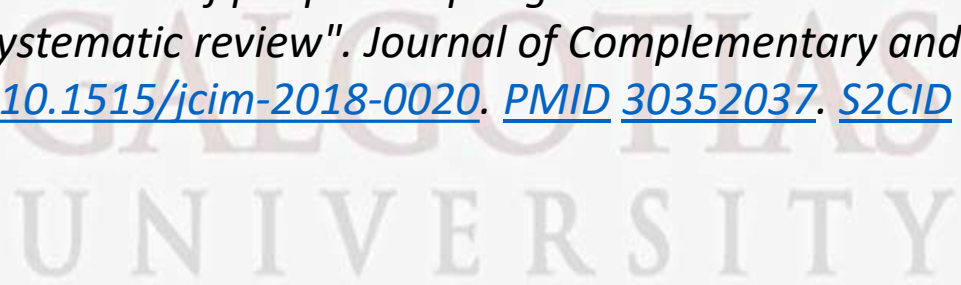
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MINISTRY OF AYUSH

- ◉ It was created in March 1995 as the Department of Indian Systems of Medicine and Homoeopathy (ISM&H). AYUSH received its current name in March 2003. That time it was operated under the Ministry of Health and Family Welfare.
- ◉ The **Ministry of AYUSH** was formed with effect from 9 November 2014 by elevation of the Department of AYUSH.
- ◉ The Indian Government has decided to introduce International Yoga Award Scheme. The award will be introduced with an aim to promote yoga. At present, the AYUSH ministry is working on the scheme and it will start giving the award from 2017.
- ◉ The Bharatiya Janata Party in its election manifesto, said it would increase public investment to promote AYUSH and start Integrated Courses for Indian system of Medicines and Modern Medicine.

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ANY QUESTION



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