

VAGINAL EXAMINATION

The logo of Galgotias University is a stylized, three-dimensional 'G' shape. It is composed of several overlapping, curved segments in shades of yellow, orange, and blue, creating a sense of movement and depth. The logo is centered on the page and is semi-transparent, allowing the text behind it to be visible.

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Topics to be covered

- Definition
- Purpose of VE
- Types of VE
- Equipments required
- Preparation of client
- During procedure
- After procedure

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Definition:

Examination of the vagina involves the insertion of plastic or metal speculum that consist of 2 blades and an adjustable thumb screw.

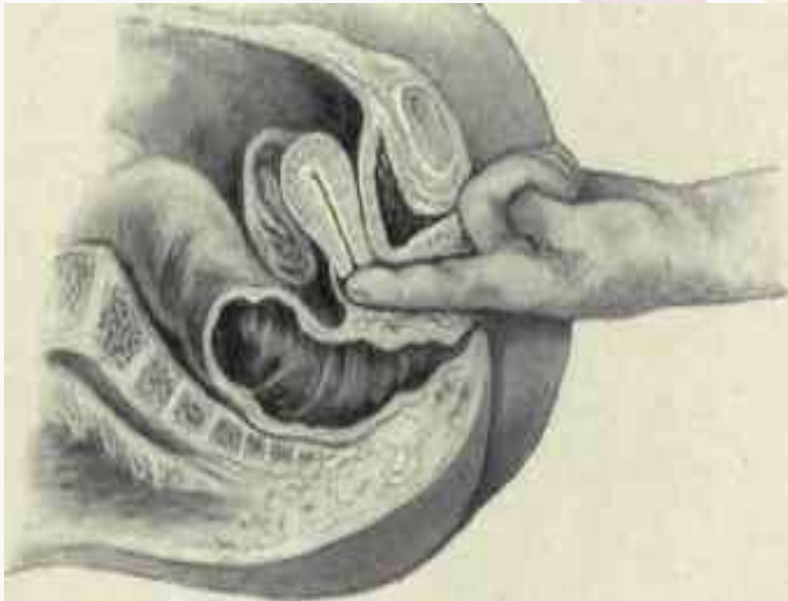
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PURPOSE OF VE

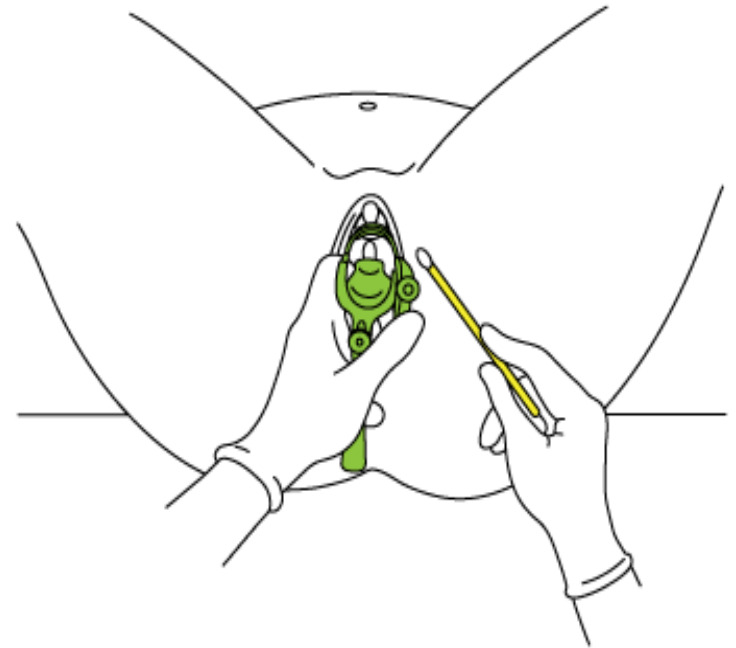
- ◉ To assess condition of the vulve, vagina and cervix.
- ◉ To insert vaginal pessaries.
- ◉ To insert vaginal pack

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1. Digital



2. Speculum



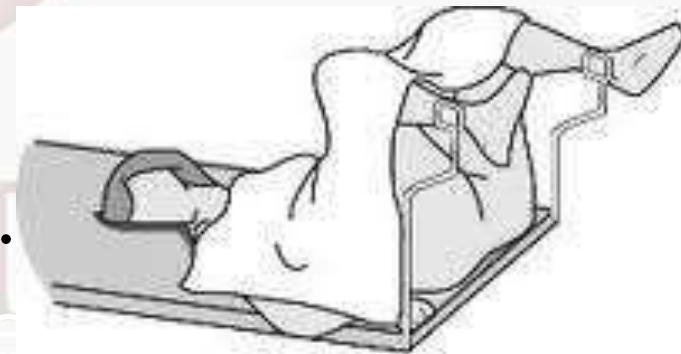
EQUIPMENT

- 1. Vaginal speculum (small, medium, large)
- 2. KY jelly
- 3. Incopad
- 4. Tray and Torch light.
- 5. Gloves
- 6. Savlon
- 7. VE bowl



PREPARING THE CLIENT

1. Advise client to void.
2. Explain the procedure.
3. Assist the client to a lithotomy/dorsal recumbent position.
4. Place incopad
5. Drape client appropriately.
6. Help doctor to open the



DURING PROCEDURE

1. Explaining the procedure as needed.
2. Encourage client to take deep breaths that will help the pelvic muscles relax.
- 3 Help doctor focus the torch light and pass the speculum.

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AFTER PROCEDURE

1. Perineal care as needed.
2. Observed any discharge from the vagina
3. Assist client from dorsal recumbent/Lithotomy position to supine position.
4. Comfort the client
5. Document the procedure.

1. Tell patient to inform any excessive bleeding after procedure (a little bit bleeding is normal.)
2. Instruct patient to follow up after the procedure.

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BIBLIOGRAPHY

- DC Dutta's "text book of Obstetrics" 8TH edition , Published by Jaypee publishers
- JB Sharma" midwifery and Gynecological nursing" 1st edition, 2015, published by Avichal publishing house.

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