Course Code : BSCN 4002

Course Name : COMMUNIT HEALH NURSING

# NATIONAL FILARIA CONTROL PROGRAMME

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- Filariasis is a parasitic infection caused by wuchereria bencrofti.
- This parasites transmitted by bits of mosquitoes anopheles & mansonia adese.
- Disease is endemic.
- Found in 250 districs in 20 state.
- Man is definite host & mosquito is intermediate host of bancroftian & brugian filariasis.



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- The adult filaria worm lived in lymphatic vessels & microfilaria lived in blood and infect mosquito at the time of when they come to feed.
- This infection caused by lymphadenitis with involvements of body parts like
- Genital area
- Leg
- Arm
- 600 million people have risk of infection.



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Lymphatic filariasis is prevalent in 18 states.

- Filariasis is aidly distributed, brugian filariasis is restricted to 6 states- UP, bihar, Tamilnadu, kerala, andhra pradhesh & Gujarat.
- According to survey & control unit:
- 420 million are exposed to risk of infection.
- 19 million manifested.
- 25 million have filarial parasites in their blood.

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- ECONOMIC LOSS:
- About 102 million people dies due to filariasis every year.
- That leading to an economic loss of RS.3500 crores.

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## CURRENT STATUS & DISTRIBUTION OF LYMPHATIC FILARIA IN INDIA:

- The disease was recorded in india as early 6<sup>th</sup> century by susruta in his book susruta samhita.
- In 1709 ,clarke called 'elephantoid legs' in cohin as 'malabar legs'

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- The discovery of microfilariae in the peripheral blood was mode first by lewis in 1872 in kolkata city.
- Indigenous lymphatic filaria cases are reported from 20 states. From these total of 250 districts have been identified to be endemic for filariasis, & 600 million population at risk.
- The north wastern states , jammukashmir , himachal pradesh , maharastra ,orissa, tamilnadu ,kerala are known to be free from filarial infection.

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### NATIONAL FILARIACONTROL PROGRAMME:

- The national filaria control programme was lunched in 1955.
- The activities are mainly confined to urban area.
- However the programme has been extended to rural area since 1994.
- The population covered under national filaria control programme is 53.68 lakhs.

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- To train professional and ancilliary personnel required for the programme.
- To carry out survey in different part of the state .
- Reduction of problem in un-surveyed area.
- Control in urban area through recurrent antiparasitic measure.

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## **\*ACTIVITIES OF NFCP:**

- Recurrent weekly antiviral operations and biological cotrol of vector through larvivorus fish.
- Source reduction through environmental and water management.
- Diagosis and treatment of microfilaria carriers & management of cases.
- Information, education & communication for community awareness.

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## A. DETECTION OF CARRIERS:

Through the immuno- chromatographic card test is used to detect the infection in human & mosquitoes.

It is done with night blood smear

examination.

It is costlier. I GOTIAS

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- **B.** MASS DRUG ADMINISTRATION:
- Chemotherapy:
- EX-Diethylcarbamazin.
- 1. Bancroftian filariasis: Dose: 6mg/kg/body -
  - weight/day/orally
- 2 Brugian filariasis: Dose: 3 6mg/kg/body -
  - weight/day I V F R C I T V

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### STRATEGY:

- Revised control strategy for lymphatic filariasis was adopted in 1996.
- The components of the revised strategy were:
- Single dose mass diethylcarbamazine therapy at dose of 6mg/kg body weight once a year.
- management of acute & chronic filariasis through referral services at selected centres.
- Continution of antivector measures in all the national filaria control programme towns as complementory to anti-parasitic measures.

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# ROLE OF NURSE:

- The functions of a community health nurse have been classified as follows:
- 1. Administration
- 2. Communication
- 3. Nursing
- 4. Teaching

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# 1. Administration:-

- She provides direction & leadership to those whom she supervises.
- She is responsible for plannilg, impementation, & evaluation of a practical plan of nursing administration in the primary health centres & its assosiated subcenters.

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## 2. Communication:

- She should maintain good working relationship with members of health team.
- She is a link between the patient ,the family & the doctor.
- She participates in staff & community meetings.

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# 3.Nursing:

- She provides comprehensive nursing care to individuals & families.
- She should support to the patient & family.
- Provides proper health education & proper administration of drug.

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# 4. Teaching:

Nurse should teach to the patient & family regarding:

- Disease condition
- Risk factors
- Treatment
- Prevention
- Home care

## 5. Researcher:

The nurse should have knowledge regarding current updates.

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## RESPONSIBILITIES OF NURSE:

- To go for home visit in community.
- ✓ To find out the cases of filariasis in the community.
- To provide proper nursing care to the patients.
- To provides health education to the patients & family members.
- Advise to the patients for follow-up.
- Advise to patient & family for proper sanitation.

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