

## UNIT-1

# Legal and policy for adolescents reproductive health

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## introduction

- More than a quarter of the world's population is between age of 10 to 24.
- Adolescents are likely to face a range of health and social challenges.
- Adolescence is when, children transition to adulthood , it's a tough journey.
- 1 in 3 girls in developing countries is married by 18.
- For instance, initiation of sexual activity while they have lack of knowledge and skills for protection adolescents at a higher risk of unwanted pregnancies, unsafe abortion and sexually transmitted infections include HIV/AIDS.
- Provide a group of services for young people, such as voluntary counselling and early sex education.

Legal and policy for adolescents reproductive health

Various ministries of the govt. of India have developed policies related to ARH.

## Important policies and plans that have been developed in india over the past 25 years include

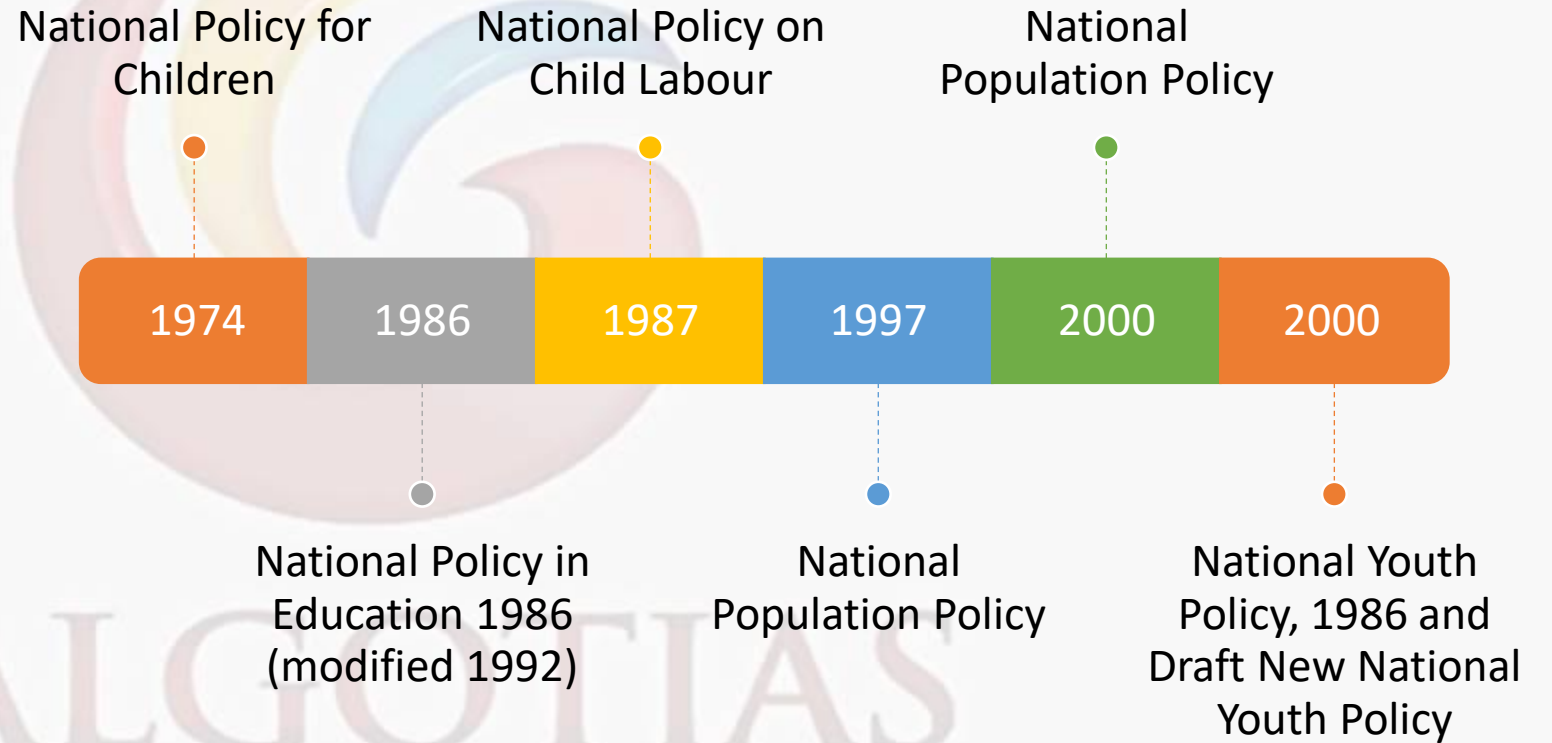
- The Children's Code Bill, 2000
- National Health Policy, 1983
- National Nutrition Policy, 1993
- National Plan of Action for Children (Planning Commission of India), 1992
- National Plan of Action for the South Asian Association for Regional Cooperation (SAARC)

# School of Nursing

Course Code : BSCN3004

Course Name: Midwifery & Obstetrical Nursing

Decade of  
the girl child,  
1991-2000



Name of the Faculty: Mrs. Shilpa Katoch

Program Name: B.Sc. Nursing



## ARH programs

- Governmental and nongovernmental organizations (NGOs) have initiated various programs as a part of the strategy to implement policies. These programs initiatives have also received support from regional and international organizations and agencies. Most of the NGO programs are supported by funding as well as by technical assistance. These support organizations include governments, NGOs, and international organizations in addition to government ministries and departments.
- The work of NGOs is still on a small scale, covering a small proportion of the adolescent population and confined to certain pockets of the country.



## Integrated child development services (icds)

- The ICDS scheme offers an integrated package of early childhood care services. These services includes supplementary feeding, immunization, health checkups, referral services for children up to six years of age and for expectant and nursing mothers, and nutrition and health education for mothers.
- The ICDS scheme covers almost 85% of the blocks in the country. There is an increasing focus on girl children under the scheme.

## Adolescent girl scheme

- This special intervention for girls ages 11-18 started in 1991-92 to meet their special nutrition, education, and skill development needs.
- The scheme imparting skills and encouraging the involvement of girls in useful economic activities later in life.
- The scheme has two subsets of target groups:
  - The girl to girl approach for adolescent girls ages 11-15
  - And BALIKA MANDAL, which focuses on reaching adolescent girls ages 11-18.



mamta

- The health institute for mother and child in New Delhi has made significant efforts to promote the cause of adolescence health.

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## Society for social uplift through rural action (SUTRA)

- SUTRA is based in the hilly region of Jagjit Nagar, Himachal Pradesh and regularly undertakes several programs, seminars, and courses for capacity building among various groups. These groups include:
  - Mahila Mandals (women's group)
  - Panchayats (local governing council)
  - Yuvati Sangathans (adolescent girl group)
  - This organisation operates in 5 districts and 10 development blocks of Himachal Pradesh.

The staff works closely with 400 mahila mandals, 131 yuvati sangathans and 100 gram panchayat directly through training and convening meetings.

The activities are geared towards wide understandings of reproductive health.

The encompassing issues are body care, menstruation, RTIs, abortion, family planning, sexual relations, violence, and adolescent health.

Continued  
(SUTRA)

## ADITHI

- This nongovernmental development organisation, established in BIHAR in 1988 has been working on adolescent issues since 1995, focusing specifically on adolescent girls ages 11-18.
- ADITHI started Balika Kishori Chetna Kendras (awareness centres for young unmarried girls) with support from UNICEF .
- The aim of the kendras is to build a community where women and men have equal status and Importance.

## PRERANA

- Prerana initiated adolescent programs in 1987 and in 1990, Prerana further enhanced its initiatives by launching the **Better Life Demonstartion Project** for girls and young women and a parallel program of **Better Life Development Program** for boys and young men.



## CHETNA



This Ahmedabad based organisation has been working on adolescent health issues in the state of Rajasthan and Gujarat.



It works directly and indirectly with adolescent girls in effort to build local capacity to address their needs.



This organisation conducts health camps in collaboration with local organisation and provide health services to adolescent girls.

## India INCLLEN

- India, INCLLEN, in Lucknow, developed an instrument for reproductive health counseling in the hopes of educating sexually active adolescent boys about STIs and reducing their risk behavior.

## Questions

- Expand ARH.....?
- Expand ICDS.....?
- Which organisation established in BIHAR.....?
- Name the health institute for mother and child present in New Delhi.....?

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# Thank you

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