

# School of Nursing

Course Code : BSCN3002

Course Name: Child Health Nursing

Under five clinic



Name of the Faculty: Deepika Bajwan  
B.sc-Nursing

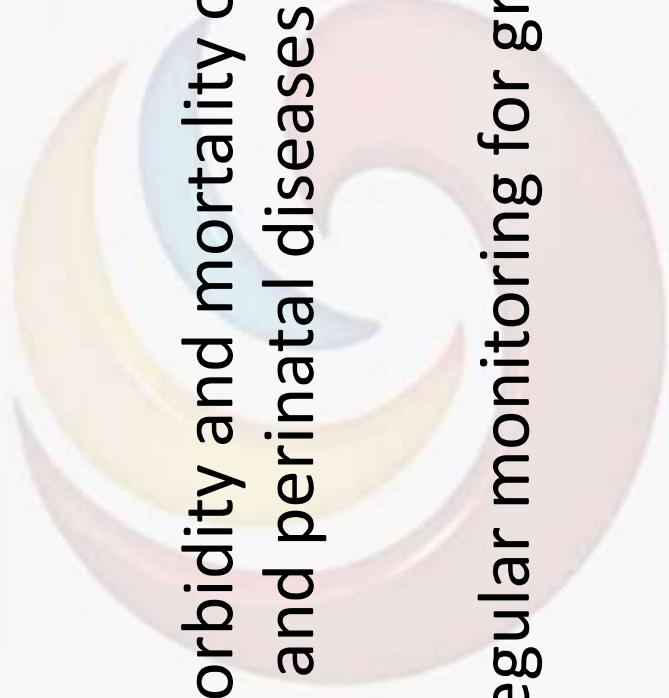
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## INTRODUCTION

Under five clinic is a centre where preventive, promotive, curative, referral and curative services are provided.

- it is for comprehensive health care children below 5 yrs of age.
- This clinic Provides preventive services along with health supervisi treatment, nutritional surveillance and health education

- Important causes of morbidity and mortality of this group are mainly ARI, Diarrhea, neonatal and perinatal diseases and infection.
- This age group needs regular monitoring for growth and development.



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## GOAL

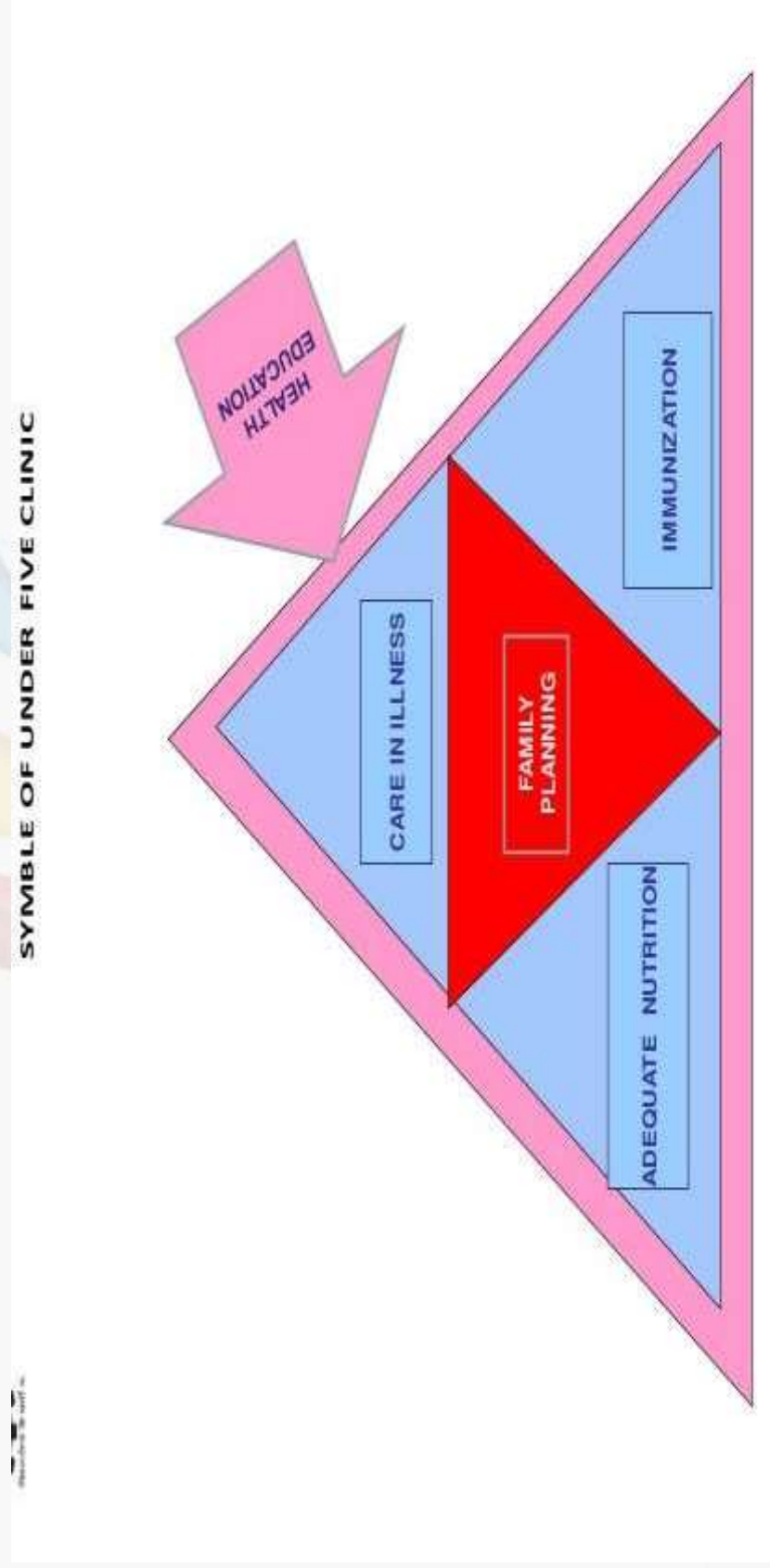
- Overall goal is to provide comprehensive health care to young children



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- Under five clinic is usually located in village, slum or labour colony
- It is managed by trained health workers
- She visits home to educate mothers and to make sure that children are brought to the clinic for regular check up
- She maintains register and record related to child care given and health check up done.
- She distributes supplementary food, folic acid tablets
- She arranges mother craft training program.

Under five clinic is represented by logo of triangle.



# 1. CARE IN ILLNESS

Care of illness provided in under five clinics include the following:

1. Diagnosis and treatment of
  - a. Acute illness
  - b. Chronic illness including physical, mental , congenitala and acquired abnormalities.
  - c. Disorder of growth and development

2. X-ray and laboratory services
3. Referral services



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# ADEQUATE NUTRITION

Nutrition is vital for growth and development of children.

Health worker will ensure about

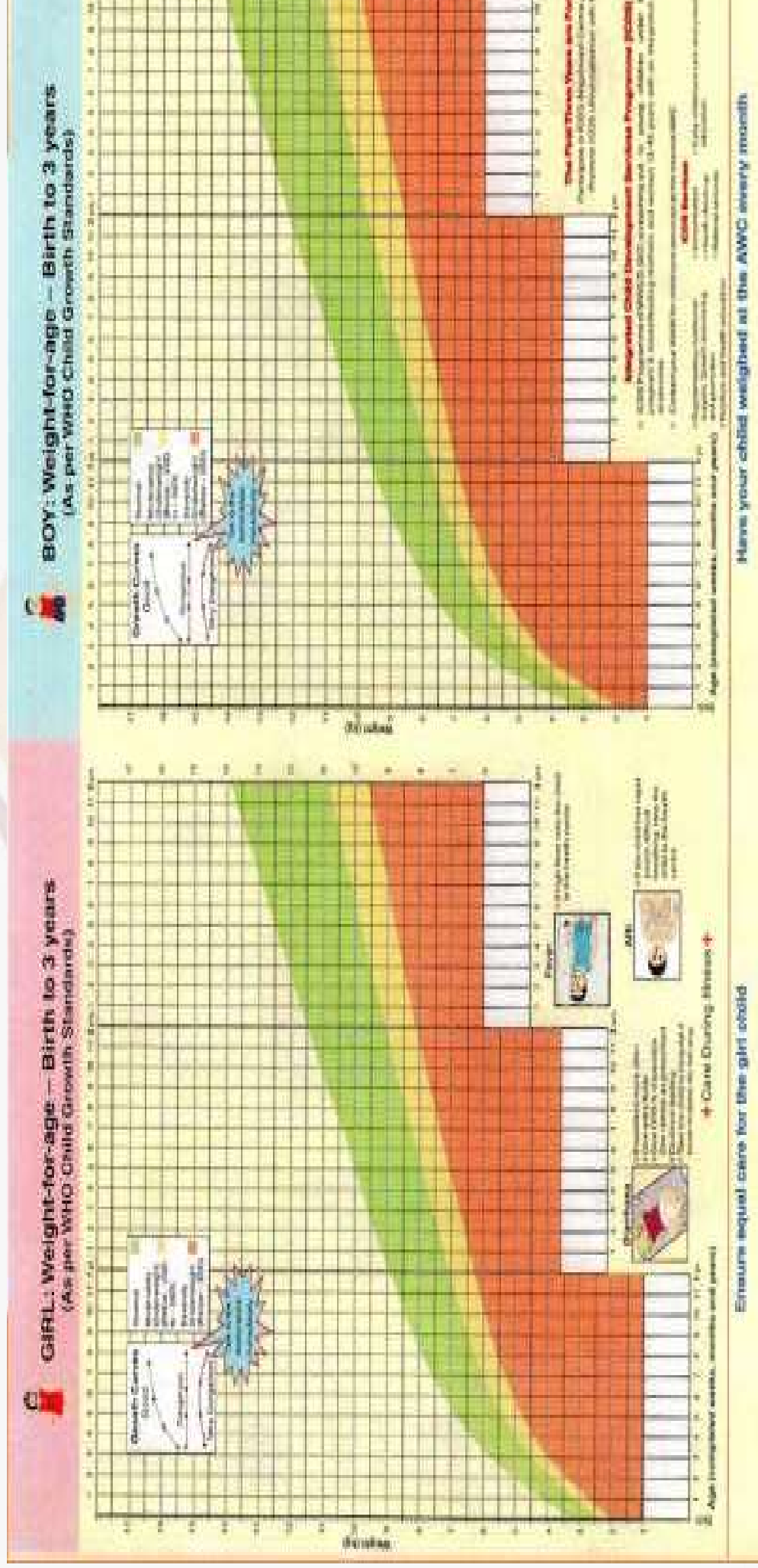
- breastfeeding
- Weaning diet
- Balanced diet of under 5 children

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## Growth monitoring

- Weighing children every month during first yr of life
- Every 2 months during 2<sup>nd</sup> year of life
- Every 3 months thereafter up to 5 years

Weight of child is plotted on “ **Road to health curve**” as **growth curve**.  
Health check up done every 3 to 6 months by **physical examination**.



# IMMUNIZATION

**Save Your Child from Six Killer Diseases**

**Tetanus**  
**Polio**  
**Measles**  
**Diphtheria**  
**Tuberculosis**  
**Whooping Cough**

**Immunize Your Child**

Immunization facilities available at Anganwadis Centres, Health Sub Centres, Primary Health Centres, Community Health Centres, District Hospitals and major hospitals.

**AD Syringes are used in Immunization for Injection Safety**

17 October 2017

DESIGNED BY IEC, DIVISION OF HEALTH & FAMILY WELFARE, GOVT. OF INDIA

Age	1st Dose	2nd Dose	3rd Dose	4th Dose	5th Dose	6th Dose
0-11 months	B, OPV, OPV, OPV, OPV, OPV, OPV					
12-23 months		B, OPV, OPV, OPV, OPV, OPV, OPV				
24-35 months			B, OPV, OPV, OPV, OPV, OPV, OPV			
36-47 months				B, OPV, OPV, OPV, OPV, OPV, OPV		
48-59 months					B, OPV, OPV, OPV, OPV, OPV, OPV	
60 months and above						B, OPV, OPV, OPV, OPV, OPV, OPV

# FAMILY PLANNING

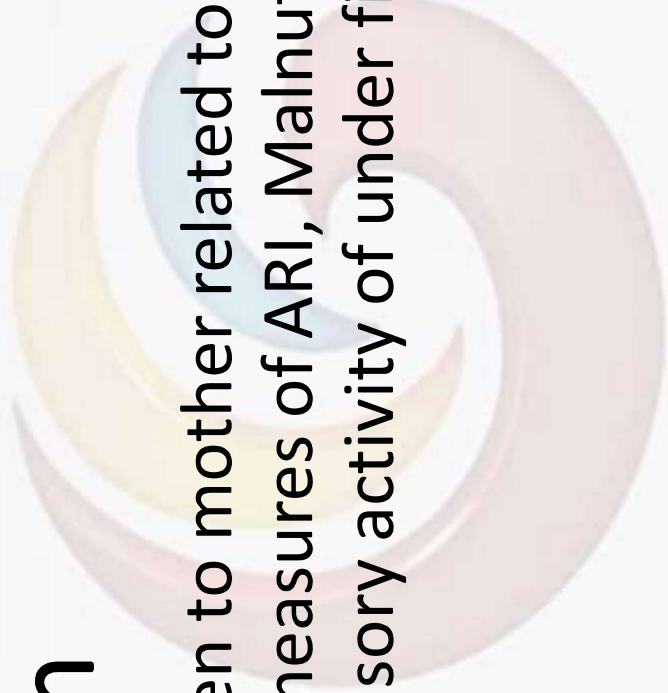
Family planning program successfully conducted through these clin

- Mother receiving counselling with different aspects of family planning practices, their merits and demerits.

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## Health education

- Health education is given to mother related to different aspect of child care, prevention measures of ARI, Malnutrition, TB, Worm infestation and compulsory activity of under five clinic.



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## **ROLE OF HEALTH CARE PERSONNEL**

- **SELECTION OF PLACE AND DAYS OF CLINIC.**
- **ARRANGING EQUIPMENT.**
- **ARRANGING THE ENTERTAINMENT FACILITIES.**
- **PROVIDING IMMUNIZATION SERVICES.**
- **GIVING WARM WELCOME TO MOTHER AND CHILDREN.**
- **MAINTAINING GROWTH CHART, IMMUNIZATION CARD.**

## **ROLE OF HEALTH CARE PERSONNEL**

- **RECORDING GENERAL EXAMINATION, NUTRITIONAL LEVEL AND WEIGHT OF THE CHILD.**
- **ASSESSING GROWTH AND DEVELOPMENT OF THE CHILD.**
- **CARRY OUT PHYSICAL EXAMINATION.**
- **PREVENTION AND TREATMENT OF GENERAL DISEASES AND INJURIES AND REFERRING THE CRITICAL PATIENTS.**
- **PROVIDING HEALTH EDUCATION TO MOTHERS.**



## REFERNECES

- 1. Parul Dutta . Textbook of pediatric Nursing, 2<sup>nd</sup> edition: Jaypee Publishers; 20014, 26-28 .
- 2. <https://www.nursingpath.in/2018/05/under-five-clinic-program.html>
- 3. <https://www.rnpedia.com/nursing-notes/community-health-nursing-notes/five-clinic-program/>
- 4. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3410122/>

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Name of the Faculty: DEEPIKA BAJWAN

Program Name: B.sc Nursing