

Name. _____		Printed Pages:01		
Student Admn. No.: _____				
School of Biomedical Sciences Summer Term Examination – July - August 2024 [Programme: B.sc (H/Physics/Chemistry/Maths)] [Semester: I/II] [Batch:2023-24]				
Course Title: Health and Nutrition		Max Marks: 100		
Course Code: Q1UC125T		Time: 3 Hrs.		
Instructions:	1. All questions are compulsory. 2. Assume missing data suitably, if any.			
		K Level	COs	Marks
SECTION-A (15 Marks)		5 Marks each		
1.	Evaluate NITI Aayog.	K2		5
2.	Explain food pyramid.	K2		5
3.	Explain Classification of carbohydrates.	K3		5
SECTION-B (40 Marks)		10 Marks each		
4.	Summarize Goiter and Anemia.	K3		10
5.	List the rich sources of vitamin E food. Describe deficiency effects of vitamin E on the body.	K3		10
6.	Explain the Importance of Meal Planning. And enlist Five Factors Affecting Meal Planning.	K2		10
7.	Discuss functions of protein.	K2		10
SECTION-C (45 Marks)		15 Marks each		
8.	Discuss definition types and symptoms of diabetes.	K3		15
9.	Discuss Essential and Non-Essential nutrient.	K4		15
10	Write Full form: ICMR, USDA, RDA, BMI, BMR, RMR and Describe.	K5		15