

School of Medical and Allied Sciences**Bachelor of Physiotherapy
Semester End Examination - Aug 2024****Duration : 180 Minutes
Max Marks : 100****Sem VII - BPHY7003 - Health Promotion and Fitness**General Instructions*Answer to the specific question asked**Draw neat, labelled diagrams wherever necessary**Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Name the challenges in implementing prevention practice in underserved populations. K1(2)
- 2) Extend the concept of cultural competency and its importance in prevention practice. K2(4)
- 3) Outline, how can individuals improve their core strength through targeted exercises? K2(6)
- 4) Develop the common barriers to implementing prevention practice in physiotherapy. K3(9)
- 5) Develop the role of physiotherapist in preventing obesity and promoting healthy weight management. K3(9)
- 6) Deduct the role of research in advancing prevention practice in physiotherapy. K5(10)
- 7) Analyze the role of physiotherapy in preventing respiratory conditions and promoting lung health. K4(12)
- 8) Justify the statement "How can physiotherapists ensure equity and inclusivity in their prevention practice?" K5(15)
- 9) Determine benefits of incorporating resistance training into a fitness program. K5(15)
- 10) Estimate the risk of acquiring multiple pathological conditions due to obesity and management of obesity. K6(18)