

School of Medical and Allied Sciences**Master of Physiotherapy Specialization in Cardiology
Semester End Examination - Jun 2024****Duration : 180 Minutes
Max Marks : 100****Sem II - L2PB202T - Biomechanics and Clinical Kinesiology***General Instructions**Answer to the specific question asked**Draw neat, labelled diagrams wherever necessary**Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Name the ligaments of the elbow joint and its attachment at proximal and distal ends at elbow joint K1(2)
- 2) Explain about torque , how torque is important for the joint function give some example. K2(4)
- 3) Illustrate about the carpal bone and its importance in hand function. K2(6)
- 4) How will you develop a method for strengthening the quadriceps and Hamstrings muscles and tendon for the prevention of the injury at knee joint. K3(9)
- 5) Develop a Muscles strengthening training program for the weak sports person. K3(9)
- 6) what would you recommend for the measurement for ROM of shoulder ,elbow and wrist joint explain in detail with positioning show with diagram presentation. K5(10)
- 7) Analyze the biomechanics of throwing. Name the muscle involve in throwing. K4(12)
- 8) Justify the statement as ages progress the muscles are getting sagging what are changes brought in the body give yours answer with suitable examples. K5(15)
- 9) justify the statement that osteoporosis leads muscles pain ,weakness, decrease ROM of joint & fracture what will be your advice to those patients for prevention of osteoporosis. K5(15)
- 10) Elaborate the role of the biomechanics specialist in assessing the joint and muscles integrity. K6(18)