

School of Nursing**Bachelor of Science in Nursing
Semester End Examination - Jun 2024****Duration : 180 Minutes
Max Marks : 75****Sem II - BIOC135NUTR140 - Applied Biochemistry and Applied Nutrition and Dietetics**General Instructions*Answer to the specific question asked**Draw neat, labelled diagrams wherever necessary**Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Retrieve what is a primary protein source in dairy products. K1(1)
- 2) Recognize what is the primary function of vitamin A in the body. K1(1)
- 3) Associate what can be the primary cause of Protein-energy malnutrition (PEM)? K1(1)
- 4) State by giving a suitable example what animal products can be considered NOT the significant source of the protein? K1(1)
- 5) Identify by giving a suitable example what could be the significant source of carbohydrates in the diet. K1(1)
- 6) State what is nutrition. K1(1)
- 7) Associate what role does the food exchange system play in meal planning for individuals with diabetes? K1(1)
- 8) Identify how the food exchange system helps individuals manage their diet. K1(1)
- 9) Quote which kind of food group can be included in the diet to promote regular bowel movements and prevent constipation? K1(1)
- 10) Tell what could be the primary purpose of the food exchange system. K1(1)
- 11) Observe The Food Frequency Questionnaire (FFQ) method is primarily used for what purpose. K1(1)
- 12) Quote, what can be of the characteristic sign of Kwashiorkor? K1(1)
- 13) Discuss what actual meaning of the dietary fibers. K2(2)
- 14) Relate the Nutritive Value of the milk and milk Products. K2(2)
- 15) Quote what is cellulose K1(2)
- 16) Recognize the difference between macronutrients and micronutrients. K1(2)
- 17) Interpret how creatinine clearance is calculated, and what does it K5(5)

- indicate about kidney function.
- 18) Interpret the basic structure of an immunoglobulin molecule. K5(5)
- 19) Conclude the key enzymes involved in muscle diseases, and how are they clinically assessed K5(5)
- 20) Conclude the significance of measuring blood urea nitrogen (BUN) levels in renal function tests. K5(5)
- 21) Explain how biliverdin is converted into bilirubin. K5(5)
- 22) Predict what kind of diets we can provide to the pre-operative and the post-operative patients by estimating the guidelines one needs to follow while preparing the menu planning for them. K5(15)
- 23) Assess what exactly the meaning of Meal/Menu Planning and Coordinate the Principles and the steps involved in it while doing any Meal/Menu planning K5(15)