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School of Medical and Allied Sciences
Master of Physiotherapy Specialization in Sports Medicine
Mid Term Examination - Mar 2024

Duration : 90 Minutes
Max Marks : 50

Sem IV - MPTS6008 - Advanced Sports Injury Management Strategies-II

General Instructions

Answer to the specific question asked

Draw neat, labelled diagrams wherever necessary

Approved data hand books are allowed subject to verification by the Invigilator

- 1) Classify the types of upper limb injury K2 (2)
- 2) Define the importance of ethics in sports K1 (3)
- 3) Explain about the extrinsic type of injury in brief. K2 (4)
- 4) Illustrate the what are the preventive measure in sports with example. K2 (6)
- 5) Identify what are the ethical issue in young female sports persons. K3 (6)
- 6) Develop a method the improve the VO2 Max for the weak sports persons. K3 (9)
- 7) Discover the importance of carbohydrate diets in sports persons for energy release during sports activity. K4 (8)
- 8) Analyze the importance of the preventive measures in sports activity with set of exercise protocol for long tennis players. K4 (12)

OR

Analyse the importance of the hydration to the sports persons in case of the long marathon runner. K4 (12)