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**School of Liberal Education**  
**Bachelor of Arts Honours in Applied Psychology**  
**Mid Term Examination - Nov 2023**

**Duration : 90 Minutes**  
**Max Marks : 50**

**Sem III - K1UA303T - Indigenous Psychology**

General Instructions

*Answer to the specific question asked*

*Draw neat, labelled diagrams wherever necessary*

*Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Explain the concept of Indian thought and tradition in the context of psychology. K2 (2)
- 2) Define the major schools of Indian psychology K1 (3)
- 3) Explain, what role does consciousness play in transpersonal psychology? K2 (4)
- 4) Explain the key concepts of Samkhya philosophy and its relevance to psychology. K2 (6)
- 5) Illustrate , What is the concept of Dvaita in the context of Indian philosophy. K3 (6)
- 6) Illustrate the psycho-historical perspectives that shaped Indian psychological thought. How did ancient Indian traditions contribute to the development of psychology? K3 (9)
- 7) Analyze the Abraham Maslow's hierarchy of needs and its connection to transpersonal psychology? K4 (8)
- 8) Analyze role of meditation and mindfulness practices in Indian psychology. How do these practices contribute to mental well-being and self-awareness? K4 (12)

**OR**

Elaborate on the concept of transpersonal psychology in the Indian context. How does it incorporate spiritual and transcendent aspects of human experience? K4 (12)